



Bharatiya Sanskriti Darshan Trust's  
**AYURVED MAHAVIDYALAYA**

Wagholi, Tal: - Haveli. Dist: - Pune. 412207.  
Maharashtra, India

FOUNDER  
Parampujya Shri P. K. Sardeshmukh Maharaj

PHONE: (020) 67346152  
Email ID: bsdtam@gmail.com

PRINCIPAL  
Dr. A. B. KULKARNI  
Ph D (Ayurved)

O. No. BSDAM /2022/64-515  
DATE - 22/10/2022

## 7<sup>th</sup> National Ayurveda Day 2022 Report

National Ayurveda day is celebrated every year on Dhanvantari Jayanti. This year, Government of India had decided to celebrate 7<sup>th</sup> National Ayurveda Day with the slogan – “Har Din Har Ghar Ayurveda”. It was planned to be celebrated in collaboration with all the Ministries and departments of Government of India so that every person of the nation is made aware of traditional system of medicine. The Ayurveda Day celebration was launched on 12<sup>th</sup> Sept 2022 by Hon'ble Union Minister of Ayush and Hon'ble State Minister of Ayush under Azadi Ka Amrit Mahotsav initiative.

According to the guidelines received, Ayurveda Day was celebrated in B.S.D.T's Ayurved Mahavidyalaya by conducting various activities during these 6 weeks, the details of which are as follows :-

Sr. No.	Date	Name of the activity	Place
1.	21/09/2022	Awareness lecture on “Diet during Varsha Rutu and Ritusandhi Kala” for feeding mothers and children on occasion of Guru Pushyamrut Yog.	Balrog OPD, B.S.D.T's Ayurved Hospital, Wagholi.
2.	27/09/2022	School outreach programme – lecture on “Health, Hygiene and Nutrition in Adolescent girls”.	V.S. Satav Highschool, Wagholi.
3.	27/09/2022	Online quiz competition on Nutrition awareness for students.	Swasthavritta Department, BSDTAM, Wagholi.
4.	28/09/2022	Demonstration of millets and their recipes for general public.	BSDTAM, Wagholi.
5.	29/09/2022	Lecture on “Ayurveda Diet for Children, Youth and Geriatrics”.	BSDTAM, Wagholi.
6.	04/10/2022	Ayurveda cooking competition – Chatani making	BSDTAM,

			Wagholi.
7.	14/10/2022	Ayurveda Food Festival – Ranbhajya Mahotsav.	BSDTAM, Wagholi.
8.	22/10/2022	Dhanvantari Yaag on occasion of Dhanvantari Jayanti.	Hall near Samadhi Mandir, BSDTAM, Wagholi.

*Priyanka*  
AKAM Co-ordinator & NSS PO

*V. Ashutosh*  
PRINCIPAL

**B.S.D.T's Ayurved Mahavidyalaya, Wagholi, Pune.**

**7<sup>TH</sup> NATIONAL AYURVEDA DAY 2022 CELEBRATION**

**12<sup>th</sup> Sept 2022 – 23<sup>rd</sup> Oct 2022**

a) 21/09/2022 – Diet during Varsha Rutu and Ritusandhi Kala





2) 27/09/2022 – School outreach programme @V.S.Satav Highschool



3) 27/09/2022 – Online Quiz Competition

Poshan Maah 2022

Questions Responses 30 Settings Total points: 20

## ***B.S.D.T's Ayurved Mahavidyalaya celebrates National Poshan Maah 2022 - Quiz competition***

**B I U ↻ ✕**

For B.S.D.T's students only - accepting responses upto 29th Sept 2022.

Email \*  
Valid email

This form is collecting emails. [Change settings](#)

गुण of पालक

Multiple choice

रुक्ष ✓ X

तीक्ष्ण X

उष्ण X

None of the above X

Add option or [add "Other"](#)

Required

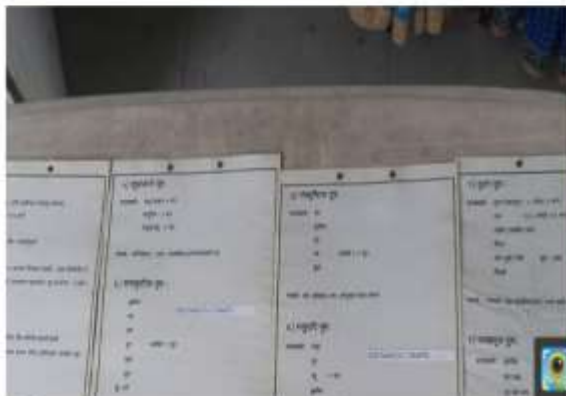
यवनी/ जीवा is... \*

लघु

गुरु

स्निग्ध

4) 28/09/2022 - Demonstration of millets and their recipes

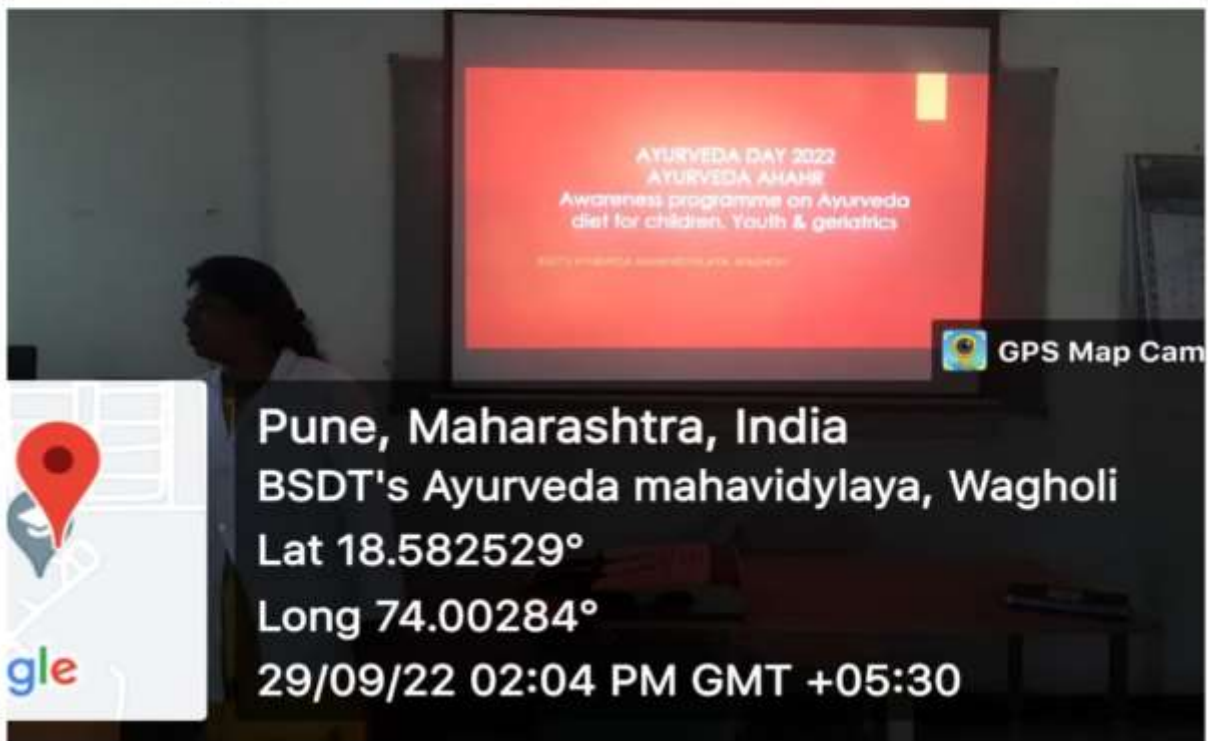


Pune, Maharashtra, India  
BSDT's Ayurveda mahavidyalaya, W  
Lat 18.582529°  
Long 74.00284°  
28/09/22 03:21 PM GMT +05:30

Pune, Maharashtra, India  
BSDT's Ayurveda mahavidyalaya, Wagholi  
Lat 18.582529°  
Long 74.00284°  
28/09/22 03:20 PM GMT +05:30



5) 29/09/2022 - Lecture on "Ayurveda Diet for Children, Youth and Geriatrics"



6) 04/10/2022 -Ayurveda cooking competition – Chatani making



Pune, Maharashtra, India  
B.S.D.T's Ayurved Mahavidyalaya, Wagholi, Pune,  
Maharashtra 412207, India  
Lat 18.582803°  
Long 74.001957°  
04/10/22 11:12 AM

GPS Map Camera



7) 14/10/2022 - Ayurveda Food Festival – Ranbhajya Mahotsav





8) 22/10/2022 – Dhanvantari Yaag

